

Adolescent Pregnancy Prevention Program



E.Y.E. Empowering Youth Esteem



Mt. Home EYE



Latino EYE

Who are we?

The E.Y.E is a youth driven, youth focused project with **three active coalitions**, in Boise (2) and Mt. Home. Each coalition has the guidance of

adult advisors. Youth members are ages 14 through 20 years and represent various middle and high schools in the Treasure Valley area.

Our Mission: To encourage and empower our peers to make healthy life choices and promote Abstinence.

What do we do?

- ☒ We make school/community presentations and discuss peer pressure, refusal skills, importance of goal setting, influence of drugs and alcohol on decision making, media influence, abstinence and the importance of communication.
- ☒ We are mentors for the Project Venture at Whitney Elementary School. This after school-project, targets a group of fifth and sixth grade students.
- ☒ Publish ESTEEM! Newsletter ☒ Community Service Projects
- ☒ Annual Picnic ☒ Media Promotions
- ☒ Develop Posters/brochures and other promotional items

Our Goals:

Encourage and empower our peers to make healthy life choices.
Promote better communication between adults and youth.
Youth development through mentoring programs.
Increase teen pregnancy awareness in the community.
Provide support and leadership skills to E.Y.E members.

Topics of Youth Panel Presentations

Peer Pressure
Refusal skills
Goals achievement
Choices/ Decision making
Influence of drugs and alcohol
Media Influence
Body image
Benefits of adult/youth communication

Pregnancy issues/STDs
Relationships
Self-Esteem/Self-Worth/Self Respect
Abstinence

Our Mentoring Projects

Project Venture - Boise



Eye members have been involved in this project since October 2000. This youth development project targets students from Whitney Elementary in Boise. 2 groups of 5th and 6th grade students are enrolled in this after-school program, and the sessions are held once a week. Partners in this project are Boise School District and Lutheran Community Services Northwest. EYE members assist in facilitating skill-building activities and are role models to these younger peers.

Project K.I.D.S (Kids Involved in Developing Self Esteem)– Mountain Home EYE

Eye members from Mt. Home facilitate an after school program for 5th grade students at Hacker Middle School, and it incorporates asset building activities.

COME JOIN US!!!

Project E.Y.E. is facilitated by Central District Health Department.
For more information call 208-327-8591

Resources for Abstinence Education

1. Youth Panel Presentations - E.Y.E. (Empowering Youth Esteem) Youth Panel- a team of youth ages 14-20 years. They discuss peer pressure and refusal skills, power in friendship, media influence, affect of drugs and alcohol on decision making, setting goals, benefits of adult youth communication and share their commitment to choosing abstinence
2. Fact Board /Display Board - On abstinence and teen pregnancy related issues
3. Video Library
4. Books and booklets on growth & development, parenting, peer pressure, abstinence.
5. Teen Testimonials on display board- (these are testimonials from 71 Idaho teens, on why they have chosen to be abstinent until marriage)
6. Posters and Brochures
7. Resource guide for parents - ATalking & Listening To Your Youth@
8. ESTEEM! Youth to Youth Newsletter - published 2 times a year.
9. Abstinence based curricula:
 - * ASex Can Wait@ - three separate curricula for upper elementary, middle and high school
 - * ARoad Map For Success@ - Targets youth ages 8-12 years. Focus on goal setting decision making, communication

Contact: Lalani (208) 327-8591

Baby Think It Over Doll Project

CDHD has partnered with several middle schools to help youth experience some of the demands of parenting. By donating these computerized BTIO dolls to be utilized with the life skills/health curriculum, we hope to promote delaying of sexual activity of the students who get to use this educational tool. Computerized monitoring reports how well the student cared for the baby, including how many times the baby was neglected, handled roughly, shaken, as well as how many times the baby's needs were met in regards to being fed, burped and rocked!

The students are required to write a report on their experience.

An evaluation tool is available for the parents of the students to comment.

Participating Schools:

**Riverglen Middle School
Les Bois Middle School
Kuna Jr. High School
Mt. Home Jr. High School
Crossroads Middle School**